



STENHUS GYMNASIUM HOUSING



2025-2026
GENERAL INFORMATION

WELCOME TO STENHUS GYMNASIUM HOUSING

We are delighted to welcome you to the Stenhus Gymnasium Housing “family”. It is important to us that your time here is a wonderful experience, providing you with friendships and memories that will last a lifetime. The Housing accommodates approximately 60 students aged 15 to 20. Students come from Denmark and various other countries, representing HF, STX, and IB programs.

Our international environment offers a fantastic opportunity to learn about different cultures, but it also requires everyone to be open-minded, helpful, and outgoing to foster a supportive community. We expect all students to contribute to collective well-being. The primary language of communication in the Housing is English, and we ask that you respect this in situations involving multiple nationalities.

We look forward to getting to know you and will do everything we can to provide you with a home away from home during your stay.

Warm regards,
Trine Tims
Head of Stenhus Gymnasium Housing

Values

At Stenhus Gymnasium, our values are grounded in fostering a positive environment and democratic principles. We are a welcoming space for everyone, regardless of gender, religion, or nationality. All students and supervisors are expected to take responsibility by:



This responsibility extends to both individual actions and the well-being of the entire Stenhus Gymnasium Housing community.

Our supervision is based on a trusting relationship between students and supervisors, with communication being key. We prefer face-to-face interactions, and when parental involvement is necessary, we aim to have students present.

How to apply

To apply for Stenhus Gymnasium Housing, please complete the application via the link on the Stenhus Gymnasium homepage by March 1st. You will receive a response to your application by mid-April.

SCAN ME



Rooms

We have approximately 50 rooms available. Students typically live one to two students per room. We will notify you in advance if you have been assigned a double room. Students may swap rooms or apply for an available vacant room twice a year, with priority given to those who have lived in the housing the longest.

Each room includes venetian blinds, a bed with a top mattress, a desk, a bookshelf, and a waste basket. You are responsible for the care of these items. Extra light bulbs are available from supervisors. If you damage any items, you will be responsible for repair or replacements. The top mattress must always be placed on the bed to protect the mattress beneath it, and bed linen must always be on the bed. You will need to provide your own bed linen.

Students are not permitted to have fridges, microwaves, toasters, etc., in their rooms. Shared fridges and microwaves are available in communal areas. Special permission may be granted for a refrigerator for students needing to store medicine in their room. Rooms must always be kept tidy and clean. Students are expected to clean their rooms weekly (vacuum/sweep and wash the floor, dust tables, shelves, and bookcases, etc.). Room inspections will take place once a week.

Upon arrival, you will receive a key to your room and a chip for the entrance doors of Stenhus Gymnasium Housing. Both keys are personal and may not be passed on to anyone else. If you lose your key, you must notify the supervisor on duty immediately. A new key can be purchased by contacting the Head of Housing: a new room key costs 500 DKK, and a new chip costs 300 DKK.

Due to fire safety regulations, open flames (candles, oil lamps, incense sticks, sparklers, etc.) are not permitted in rooms.



Before You Move In

Once accepted into Stenhus Gymnasium Housing, you will be asked to pay a deposit of 7,000 DKK to confirm your enrollment. This deposit will be refunded when you leave the housing, provided you have taken good care of your room. Any excessive maintenance costs beyond normal wear and tear will be deducted from your deposit.

Hallways and Communal Rooms

Leaving clothes, shoes, and mats in hallways and communal areas is not allowed. Any items left in these areas will be removed by supervisors. Shoes can be placed on the shoe racks.

Communal Areas and Activities

The Housing includes two communal rooms: the dining hall and the TV room. Additionally, you can access many communal areas at Stenhus Gymnasium. After a brief introduction course, you can access a weight room, sports facilities, and a music rehearsal room.

Housing Activities

Throughout the year, we organize various activities aimed at fostering community. These include monthly dinners, sports events, board game evenings, and seasonal parties. Participation is encouraged but not mandatory.

In the beginning of each school year, we have an outdoor team building trip. This trip is mandatory.

Laundry

Each building has two washing machines and two dryers. Use of the machines is included in the housing fee, but you must buy your own laundry detergent. A booking system is in place for laundry times, and you must respect this schedule. Laundry cannot be done after curfew. Please empty the dryer's filter and water compartment after use, and do not leave clothes in the laundry rooms. Any unclaimed clothing will be removed during weekly inspections.





Payment

You will receive an invoice for rent in advance, and the monthly rent of 5.750DKK if you live in a single room and 5.250DKK if you live in a double room. The rent must be paid before the first of each month. You do not pay rent for the month of July as Housing is closed.

In your graduating year, you will automatically be released from your contract with Stenhus Gymnasium Housing at the end of June.

Rent payments should be made via bank transfer. Please ensure the correct account information is used, and include the student's name:

For non-Danish accounts:

IBAN: DK8802164069030971

SWIFT: DABADKKK

For Danish accounts:

Reg. no. 0216, Account no. 4069030971

Moving Out and Changing Rooms

If you choose to end your enrollment at Stenhus Gymnasium or move out of Stenhus Gymnasium Housing while still attending the school, please send a written notice to tt@stenhus-gym.dk. You will have a one-month notice period starting from the first of the month.

When moving out or if you are changing rooms, you will have to do a final room check to confirm that you are leaving your room in an appropriate condition. You will also have to hand in your keys at this point. If additional cleaning or repair of your room is necessary the expenses, will be withdrawn, from your deposit.

Insurance

You are responsible for your belongings while living at Stenhus Gymnasium Housing. We do not provide insurance for damage or theft of personal items; therefore, we recommend obtaining personal and contents accident insurance.



Everyday life at the housing

Stenhus Gymnasium Housing will be your home away from home for the next year or more. We strive to create an inclusive atmosphere with both mandatory and optional communal activities throughout the year, alongside a daily routine to help you succeed academically.

Weekdays begin with a mandatory breakfast, and all students are expected to participate regardless of their morning class schedule. After breakfast, classes typically run until 14:55, after which you have the afternoon free. Dinner is served at 18.30 but if you for some reason can not join the communal dinner you will have a self-served dinner available from 16:00 onward, allowing flexibility based on your personal schedule.

Supervisors will be present from 15:00 to 23.30 on weekdays to ensure all residents participate in evening tea at 21:00. Please inform us in advance if you have a special reason not to be present at a mandatory meal.

Our evening curfew is at 22:30, and all students should be in their rooms, preparing for bed at this time. Supervisors will conduct evening room checks at this

time. After 23:30, there will be no supervisors present, but an on-call supervisor is available throughout the night.

Weekends differ slightly, beginning with a mandatory brunch at 10:30. Supervisors will be present throughout the day, and we aim to offer social activities during weekends. There is no fixed lunch time; students may prepare sandwiches as desired. A mandatory dinner is scheduled for 18:30-19.30, followed by an evening refreshment at 21:00. The curfew on Fridays and Saturdays is 01:00, with all students expected to be in their rooms preparing for bed at that time.

If you wish to go to bed early, you may inform the supervisors to conduct your evening check earlier.

Students over 18, or those with parental consent, may sleep out or have overnight guests, provided the supervisors are informed in advance. Please note that changes in plans after curfew are not permitted.



FOOD AND MEALTIMES

Food at Stenhus Gymnasium Housing is provided by the Stenhus Gymnasium canteen, accommodating vegan, vegetarian, and allergenic dietary needs.

Meal Schedule:

Breakfast on weekdays: 7:30-8:00 in the dining hall (mandatory)

Lunch on weekdays: 11:20-11:50 in the school canteen

Dinner on weekdays: Served dinner in the school canteen at 18:30 or a self-service between 16:00 and 20:00. Student have to decide on an option at the latest the day before.

Evening Snack on weekdays: 21:00-21:30 (mandatory)

Weekend Brunch: 10:30-11:00 in the dining hall (mandatory)

Weekend Lunch: Self-service build your own sandwich

Weekend Dinner: 18:30-19:30 in the dining hall (mandatory)

During mandatory meals our dining hall is a cellphone free area, and we have specific seating assignments. At all other times after school hours, the dining hall serves as a common area where you can get a snack or a cup of tea or coffee. You can do your homework, play pool or just hang out.

You are welcome to store food in the communal fridge; however, please label your items clearly with name and date. Any unmarked and overdue items will be removed.

When Sick

If you are sick, please notify the supervisor by phone, either by calling or sending a text message. You are not allowed in the dining hall, but a fellow student will bring you breakfast. After breakfast, the supervisor will check in with you.

Together with the supervisor, you will make a plan for the day. You will decide if it is necessary to call a doctor (between 8 and 9 AM). If you need a check-in before lunch, decide who will bring you lunch and dinner, and plan a check-in for the afternoon. If you have any special needs while being sick, we will also take that into consideration at this point.

The evening supervisor will check in with you at the beginning of the evening, and together you will make a plan for the next day.

Medication and Special Needs

If you require prescription medication regularly, or if you have any diagnosed condition that requires special attention, you must indicate this in your application. This includes both physical and mental diagnoses. If your situation changes during your time with us, you must inform the head of Stenhus Gymnasium Housing immediately.

Lectio and Absence

We use Lectio, the digital platform employed by Stenhus Gymnasium, as a communication tool as well as to register who is present in the building. Therefore, we record absences at all mandatory meals and note the reasons for students' absence. The absence recorded by the housing will be removed at the end of each week, so they do not affect the academic absence recorded by the school.

Smoking, Alcohol and Drug Policy

Smoking is not permitted in the housing or on housing grounds. This includes e-cigarettes and similar products.

Consuming alcohol in the housing or on housing grounds is prohibited. As a general rule, being under the influence of alcohol is prohibited in the housing. However, for students over 18 years of age and for those under 18 whose parents have not requested otherwise this rule is suspended on Friday and Saturday evenings when students are permitted to return to housing after consuming moderate amounts of alcohol outside housing/housing grounds. We will test students who appear visibly intoxicated (maximum allowed blood-alcohol content 0.8). If your child is under 18 and you do not permit any consumption of alcohol, please let us know.

Smoking hash, taking ecstasy, sniffing lighter gas, or consuming any other euphoriant substances will result in immediate expulsion from both housing and school. This applies regardless of whether such activities occur on or off school and housing property. A drug test will be required if a student is suspected of substance use.

School

Stenhus Gymnasium is located next to Stenhus Gymnasium Housing. The school offers three different educational programs: the two Danish high school programs, STX and HF, and the international Pre-IB and IB programs. The school day runs from 8:15 AM to 2:55 PM, and from Monday through Thursday, the school provides study hall hours from 3:00 PM to 4:00 PM with tutor assistance available. Additionally, one evening a week, the school offers an extra study hall.

Holidays

All students in our housing must go home or stay with family or friends during the school holidays. Students must vacate their rooms by 4:00 PM on the Saturday after the last day of school. They can return to their rooms starting at 10:00 AM on the Saturday before school resumes.

Wi-Fi

The Wi-Fi at Stenhus Gymnasium Housing is provided by the elementary school and does not support gaming consoles like PlayStation. Therefore, we offer students the option to get a personal router in their room. We will purchase the routers, but each student who receives one will be charged an additional 100 kr in their monthly rent to cover the connection.

Guests

You are allowed to have a guest in your room if you inform us in advance. We also have a guest room that parents and friends can book if they are visiting you for a weekend or a shorter period during the week. Bookings must go through Trine Tims, but you can check the availability of the guest room in Lectio under “Lokaler” and K45. The room is equipped with a bed, pillow, cover, and bedsheets. We will charge 100 kr per night for this option.

Mail

If you need to receive parcels, please ensure they are sent to Stenhus Gymnasium Housing c/o Stenhus Gymnasium, Stenhusvej 20, 4300 Holbæk, addressed to you. The package will be delivered to the school, and we will ensure it reaches you. Letters can be addressed to Stenhus Kostskole, as we have a mailbox there, but there is no storage for larger items. The address for letters is Stenhus Kostskole, Stenhusvej 20A, 4300 Holbæk.

Councils and Committees

We currently have two committees, both consisting of students and supervisors. One is a general committee for any suggestions from the student body, and the other is a canteen committee focused on communication with the kitchen staff. If you are interested in joining either committee, please reach out to a supervisor.

Student Meetings

House meetings are held once a month, and all residents are expected to attend. These meetings provide an opportunity for you to voice your thoughts and ideas

about improving life in the Housing. Information about upcoming activities etc. will also be communicated.

Parents' Meeting

Each year, there is an introductory meeting for parents on the first day of the new school year. Additionally, there will be two parents' meetings each year—one on Tuesday in week 41 and another on Tuesday in week 10. Participation in the meetings is possible both physically and online through Teams.

Violation of House Rules

You can find the house rules under the sections “Rooms,” “Everyday Life at the Housing,” “Food and Mealtimes,” and “Alcohol and Drug Policy.” If you violate the general house rules, the following procedure will be followed (note that this does not include our alcohol and drug policy, where the consequences are more severe):

- A verbal advisory notice given by the student counselor.
- A verbal warning given by the student counselor and the head of Housing.
- A written warning given by the head of Housing.
- Temporary expulsion.
- Permanent expulsion.

For students under 18, parents will be involved in the process as soon as we reach the level of a written warning.

CONTACT INFORMATION & SUPERVISORS



Trine Tims



Mik Ledvonova



Carmen Garcia



Jeppe Martensen



Milan Dratva



August Heming



Michael Drame



Mia Olsen

Head of Stenhus Gymnasium Housing: Trine Tims

Email: tt@stenhus-gym.dk

Phone: +45 28 72 23 71

Student Counselor: Mik Ledvonova

Email: ml@stenhus-gym.dk

Direct Phone for Stenhus Gymnasium Housing: +45 23 26 50 82

Office Hours:

- **Weekdays:** 7:00–9:00 & 20:30–22:30
- **Weekends:** 9:30–22:30

The phone line is available 24/7; however, please respect office hours for non-urgent matters.

Final Thoughts

We are here to support you, and we encourage you to reach out to supervisors with any questions or concerns. Our shared aim is to help you thrive both personally and academically during your time in Stenhus Gymnasium Housing.